

GRASSROOTS BEACH VOLLEYBALL COURSE – MALE’

	Time	Topics
Mon 27/7	9:00 – 13:00	Assembling Opening Ceremony Course objectives and outline Beach Volleyball – Introduction History of Beach Volleyball
	14:30 – 18:00	The FIVB FIVB Beach Volleyball Structure FIVB World Tour Structure and Calendar Practical Activities
Tue 28/7	9:00 – 13:00	Beach Volleyball Worldwide – Confederations, National Circuits, Tournaments Beach Volleyball in the Maldives – SWOT analysis Developing Strategic plan to develop Beach Volleyball in Fiji (Israel strategic plan) International models for develop Volleyball and Beach Volleyball
	14:30 – 18:00	Equipment Training Sessions Techniques Year / Season Training Plan
Wed 29/7	9:00 – 13:00	Practical – Warm up, Techniques, Drills
	14:30 – 18:00	Theory – Rules of the Game, Score-sheet, Casebook Lecture from Local Instructor (option)
Thu 30/7	9:00 – 13:00	Theory – Event Organization
	14:30 – 18:00	Practical
Fri 31/7	9:00 – 13:00	Preparation of afternoon Tournament
	14:30 – 18:00	Tournament Closing Ceremony